

# Norfolk All Age Autism Strategy

Norfolk's first All Age Autism Strategy resulted in improvements to **support autistic people across Norfolk**, such as:

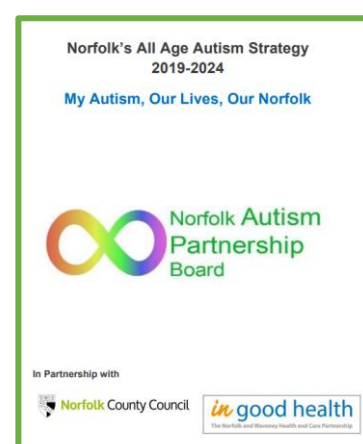
- greater awareness through coproduced **autism training** available to all.
- a greater focus on **working together**.
- more **autism schools**.



But we know there is **more that needs to be done** to improve autistic peoples' lives.



The coproduced [Norfolk All Age Autism Strategy](#) 2019 to 2024 **needs to be refreshed**.



# Norfolk All Age Autism Strategy Looking Forward

This document is for autistic people, their families and carers living in Norfolk

This document shares how the Norfolk Autism Partnership Board proposes to make things better in the future for autistic people living in Norfolk.



We have used an Easy Read format to make the 'You Said, We Did' document accessible to more people.



# Norfolk All Age Autism Strategy Looking Forward

We want to tell you:

a) How Norfolk's first All Age Autism Strategy, **My Autism, Our Lives, Our Norfolk**, improved support for autistic people living in Norfolk. For more information go to the Autism Strategy Looking Back document.



b) How the Norfolk Autism Partnership Board proposes to improve support **over the next 5 years**.

This document tells you about this.



We want you to tell us what is **important to you**.



You can do this through completing our **online questionnaire or workbook**.



# Autism Strategy Reference Group

The Norfolk Autism Partnership Board (NAPB) put in place an **Autism Strategy Reference Group** that includes autistic people, their parents and carers.



The Autism Strategy Reference Group looked at:

a) The six priorities in the government's [national strategy for autistic children, young people and adults: 2021 to 2026](#).



b) What autistic people have told the Norfolk Autism Partnership Board needs to change.



c) Other strategies like the Learning Disability Strategy.





# Six Priorities

The Autism Strategy Reference Group looked at the six priorities in the government's [national strategy for autistic children, young people and adults: 2021 to 2026](#), We changed them meet the needs of autistic people in Norfolk:



**1** Improve the **Understanding and Inclusion** of Autism across the System and within Society.



**2** Improve **Positive Transitions** into Adulthood.



# Six Priorities



Supporting Autistic People into **Education and Employment**.



Tackle **Health and Care Inequalities** for Autistic People



**Building the Right Support** and Supporting People in Inpatient Care.



Improve Support within the **Criminal and Youth Justice System**.



1

Improve the **Understanding and Inclusion** of Autism across the System and within Society.

1



The Norfolk Autism Partnership Board **suggests the following improvements.**



Continue the Norfolk Autism Forum to give autistic people, parents and carers a voice.



Use social media and other activities to raise awareness of autism. This will help autistic people to feel a part of their community.



Provide autism resources for autistic people and their parents and carers.





1

Improve the **Understanding and Inclusion** of Autism across the System and Within Society.

1



Make **autism training** available to anyone and everyone.



Autistic people working with professionals to improve services.



Make more and better autism library sessions available across Norfolk.



The Norfolk Autism Partnership Board will check that organisations do what they say they will.







Improve Positive Transitions into Adulthood.



The Norfolk Autism Partnership Board **suggests the following improvements.**



Make Special Educational Needs **resources and training** available online.



Offer adult learning courses and work support to autistic school leavers, where appropriate.



Better support autistic children and young people in **children's residential homes** who display behaviours of concern.





## Supporting Autistic People into Education and Employment



The Norfolk Autism Partnership Board **suggests the following improvements.**



Better support for autistic children to get a job when they leave school.



Offer adult learning courses and work support to autistic adults, where appropriate.



Offer autistic people more employment opportunities.



Improve support for children who cannot attend school.





## Supporting Autistic People into Education and Employment



Organisations to better support autistic people who work or would like to work for them.



More positive role models and images of autism in schools, colleges and universities.





# 4

## Tackle Health and Care Inequalities for Autistic People



# 4

The Norfolk Autism Partnership Board **suggests the following improvements.**



Reduce the waiting time for an autism assessment.



Support autistic people to look after their wellbeing and get support in their community.



Send autism friendly information before a social care assessment.



Improve the availability of adult social care for autistic people.



# 4

## Tackle Health and Care Inequalities for Autistic People



# 4

Provide guidance to autistic people on how to choose health services.



More professionals are autism trained and understand how reasonable adjustments can support autistic people.



Check if reasonable adjustments are put in place and share good practice.



Identify autistic people who have ARFID (Avoidant/Restrictive Food Intake Disorder) and how to support them.





## Tackle Health and Care Inequalities for Autistic People



Better support for autistic people who are at risk of suicide.



Report the deaths of autistic people to LeDeR (Learning from Lives and Deaths).





# 5

## Building the Right Support and Supporting People in Inpatient Care



# 5

The Norfolk Autism Partnership Board **suggests the following improvements.**



Make sure the right housing and support options are available for autistic people.



Set up the new Norfolk Autism Adult Support Service to improve support available.



Use guidance written with autistic people to improve services and support.



Look at current and future needs of autistic people to inform future planning.



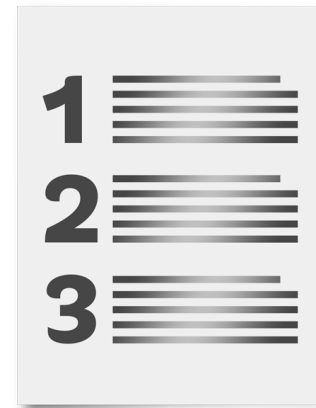
# 5

## Building the Right Support and Supporting People in Inpatient Care



# 5

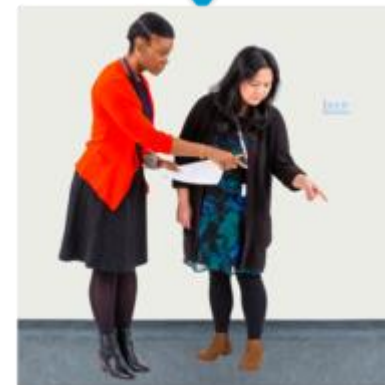
Make a list of services and support for autistic adults.



Improve the recording and reporting of autism.



Check the quality and improve support provided to autistic people.



Provide Mental health services that meet the needs of autistic people.



Identify the number of autistic people in mental health hospitals and improve support.



Look at how to better support autistic people with complex needs.







## Improve Support within the Criminal and Youth Justice System



The Norfolk Autism Partnership Board **suggests the following improvements.**



Provide a stronger voice to autistic people who come into contact with the Criminal and Youth Justice systems.



Regional and local children and young people forensic teams will work together to provide better support.



Look at how to improve support for autistic children and young people who are within the Criminal Youth Justice System.



Look at how to better support autistic children and young people who experience domestic abuse.





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Please complete the online questionnaire or workbook to tell us what is important to you.

