

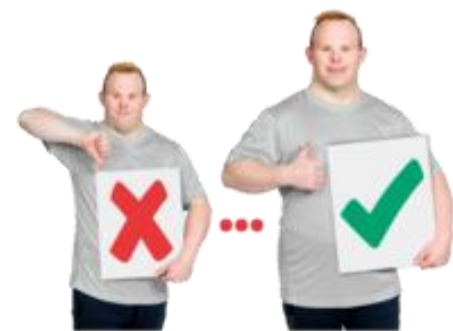
Norfolk All Age Autism Strategy

Norfolk's first All Age Autism Strategy resulted in improvements to **support autistic people across Norfolk**, such as:

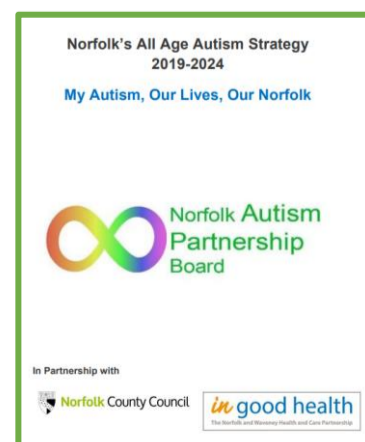
- greater awareness through coproduced **autism training** available to all.
- a greater focus on **working together**.
- more **autism schools**.



But we know there is **more that needs to be done** to improve autistic peoples' lives.



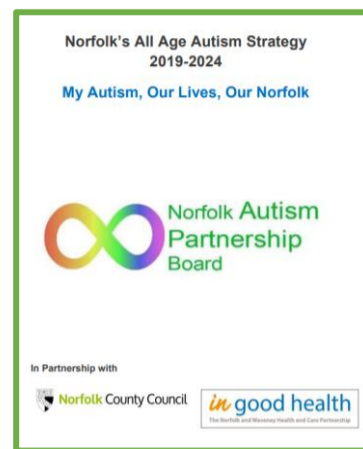
The coproduced [Norfolk All Age Autism Strategy](#) 2019 to 2024 **needs to be refreshed**.



Norfolk All Age Autism Strategy Looking Back

This document is for autistic people, their families and carers living in Norfolk

This document shares how Norfolk's first All Age Autism Strategy, **My Autism, Our Lives, Our Norfolk**, made things better for autistic people living in Norfolk.



We have used an Easy Read format to make the 'You Said, We Did' document **accessible to more people.**



Norfolk All Age Autism Strategy Looking Back

We want to tell you:

a) How Norfolk's first All Age Autism Strategy, **My Autism, Our Lives, Our Norfolk**, improved support for autistic people living in Norfolk. This document tells you about this.



b) How the Norfolk Autism Partnership Board proposes to improve support **over the next 5 years**.



For more information go to the **Autism Strategy Looking Forward** document.

We want you to tell us what is **important to you**.



You can do this through completing our **online questionnaire or workbook**.



Autism Strategy Reference Group

The Norfolk Autism Partnership Board (NAPB) put in place an **Autism Strategy Reference Group** that includes autistic people, their parents and carers.



The Autism Strategy Reference Group:

a) Found out what we did to **improve support** for autistic people living in Norfolk.



b) Coproduced autism friendly ways to share this information with you and find out what is important to you.



Six Priorities

The Autism Strategy Reference Group looked at the six priorities in the government's [national strategy for autistic children, young people and adults: 2021 to 2026](#), We changed them meet the needs of autistic people in Norfolk:



1 Improve the **Understanding and Inclusion** of Autism across the System and within Society



2 Improve **Positive Transitions** into Adulthood



Six Priorities



Supporting Autistic People
into **Education and
Employment**



Tackle **Health and Care
Inequalities** for Autistic
People



**Building the Right Support
and Supporting People in
Inpatient Care**



Improve Support within
the **Criminal and Youth
Justice System**



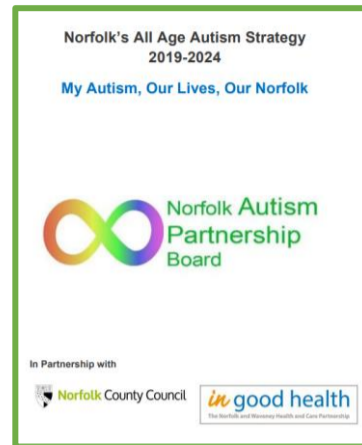
1

Improve the **Understanding and Inclusion** of Autism across the System and within Society.

1



My Autism, Our Lives, Our Norfolk made these improvements.



The Norfolk Autism Forum gives **autistic people, parents and carers a voice.**



**NORFOLK
AUTISM
PARTNERSHIP**

Greater autism awareness through **autism training** available to all.



Autistic people and their parents and carers **advising** how support should be offered.



Autism online information available to everyone



1

Improve the **understanding and Inclusion** of Autism across the System and Within Society.

1



Events for parents, carers and professionals **to raise awareness of autism.**



SEND Youth Forum that includes the **voice of autistic young people.**

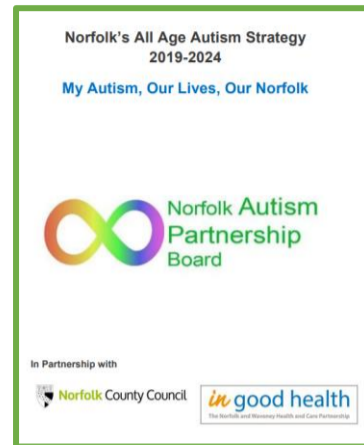




Improve Positive Transitions into Adulthood.



My Autism, Our Lives, Our Norfolk made these improvements.



A **new service** that supports young people with care needs to **prepare for adult life**.



A **new group** that shares understanding of what **good transition looks like**.

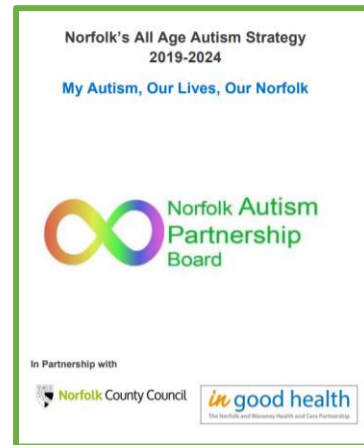




Supporting Autistic People into Education and Employment



My Autism, Our Lives, Our Norfolk made these improvements.



A new school and **more support in education** for autistic children and young people.



More employment support for autistic people.



The Norfolk Employment Service supports autistic people to get into **work, training or volunteering**.

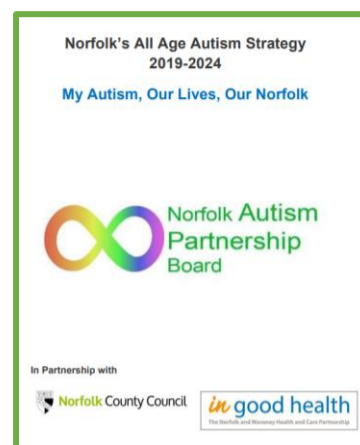




Tackle Health and Care Inequalities for Autistic People



My Autism, Our Lives, Our Norfolk made these improvements.



The Norfolk Autism Partnership Board looks at how many people are waiting for an autism assessment and works with people **to reduce the waits**.



Online information available about **how to get an autism assessment** and support.



Additional money in 2022 to reduce the number of people waiting for an autism assessment.



Looking at ways to **improve access to mental health support** for adults waiting for an autism assessment.





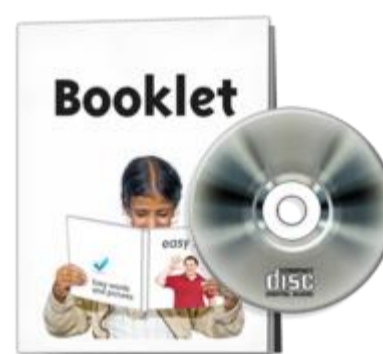
Tackle Health and Care Inequalities for Autistic People



Additional money to improve **sensory support** for children and young people.



Information packs for adults supported by the Norfolk Adult Autism Assessment Service.



The new Transforming Care Navigator Service supports young people up to 25 years. The service **prevents them from going into hospital.**



Recovery College offers a course called **living well with autism.**



Better support for autistic people with an **eating disorder.**



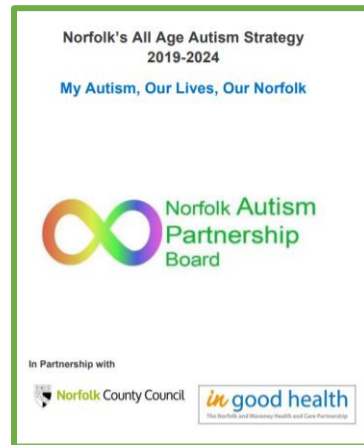
5

Building the Right Support and Supporting People in Inpatient Care



5

My Autism, Our Lives, Our Norfolk made these improvements.



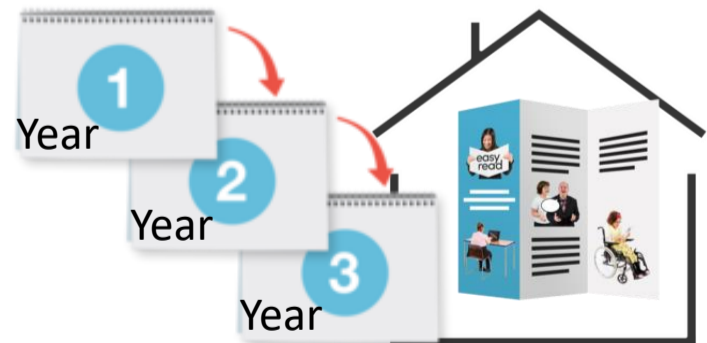
Norfolk County Council is working to ensure a **choice of services and support**.



A **list of supported living providers** who can support those who display behaviours of concern.



A **new 3-year plan** and **autism housing guide** designed with autistic people.



Autism Library sessions across Norfolk run by autistic people or those who are autism trained.



5

Building the Right Support and Supporting People in Inpatient Care

5

Autistic people used the **Brain in Hand app** and gave us their feedback.

The NCC Assistive Technology team provide some **apps and devices** to autistic adults.

Autistic people tested the Alcove Video Care phone. It helps them to **keep in touch with loved ones** and professionals.

Autistic people tested and can now use the new Click **online community service**.

Titan **travel training service** is now available to autistic adults known to Adult Social Care.

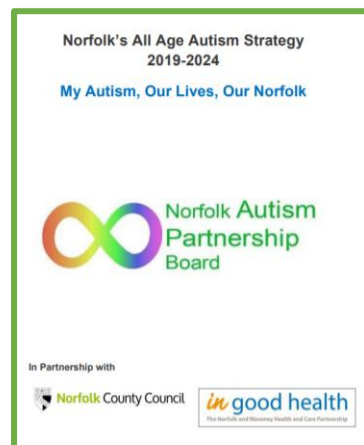




Improve Support within the Criminal and Youth Justice System



My Autism, Our Lives, Our Norfolk made these improvements.



The police have person-centred **plans to support autistic adults** with complex needs.



The **police are aware** of autistic people who need additional support and put in place reasonable adjustments.



When involved with the police, autistic people can have an **appropriate adult** to support them.



A **sensory box** is available for those who need it, in police stations.



Norfolk All Age Autism Strategy Looking Back

This document is for autistic people, their families and carers living in Norfolk

You have finished reading about how the current strategy **improved support for autistic people.**



Read the Looking Forward document to find out how the Norfolk Autism Partnership Board **proposes to make things better** in the future.



After that please **complete the online questionnaire or workbook** to tell us what is important to you.

